Blue Sky Behavioral

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Blue Sky News





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September News

We were all ready for a trip to Hawaii, and our Hawaiian Luau was the perfect way to make us feel like we got a taste! The food was amazing and our residents have some great pictures posing by our ocean scene.

We have been doing fall crafts as everyone is excited for a wonderful fall season. We had lots of great activities this month, with more details on the last page. Enjoy the pictures and reach out if you have any questions.



















Hawaiian Luau







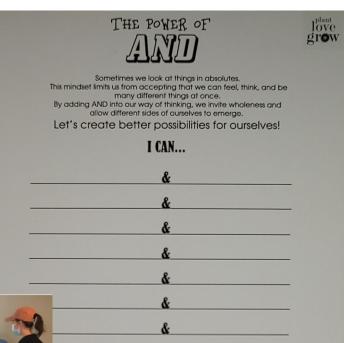








GROUPS





This month we have been more active going on morning walks and doing chair exercises. We even played an indoor soccer game with a goal, very soft ball and using pool noodles that was a big hit and was requested to play again.

Other than the usually boards games, bingo and one on one time we have been doing a few fall crafts. One was painting leaves another was making scarecrows



that are now displayed. We did an activity called the "Power of And," discussing how this can change our mindset.

We also did movie and popcorn watching the old 1939 version of The Wizard of Oz. For some of the learning activities we learned of the history of pizza (Yum!), Angela Davis and the Grand Canyon and were able to watch a virtual tour of the Grand Canyon and feel like we were there!