Blue Sky Behavioral

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Blue Sky News



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September News

This month with the weather cooling off we have been spending much more time outside, going for walks, gardening, watching all the citrus ripening on the trees. We planted flowers and an herb garden and now watering it daily. This is when we love to be in Arizona.

We have also did a service opportunities over at Feed My Starving Children. It is an amazing experience to help others and just in our one visit with the other volunteers with us we were able to pack enough food to feed 121 children for a year!

One of our reward outings this month was at Peter Piper Pizza with food and fun. For our outdoor adventures we went to Bass Pro Shop mostly to see the scenery and huge fish tank which is very impressive. At the end of this newsletter you can read up on the details of the groups from this month. Happy Fall Everyone!







Reward Outing













Bass Pro Shop







Groups

This month the weather has been so great many groups have been able to be done outside. We have been working on mindfulness and taken the opportunity to listen to relaxing music outside and soak up the wonderful weather which has been such a dream. Speaking of dreams, we have also been working making our own dream catchers as an activity and discussing what can help us have good dreams and make our dreams come true.

We have had many learning activities on Arizona's history, Phoenix, Pima and Hopi Native Americans which has brought a lot of interest. We have discussed Walt Disney and you can see a sample of the information presented. A few other interesting topics this month were Thunderstorms, Pompeii, Woodpeckers, The Civil War and The Great Wall of China.

Reading for pleasure

Magical cartoonist

Disneyland is also regarded as 'the happiest place on earth'. Without the creativity of Walt Disney the creation of this place would not have been possible. Walt Disney was a creative genius who imagined making a big fun park in an orange grove.

Disney was born in 1901 in Chicago, Illinois. As a child, he enjoyed drawing and even sold his pictures to neighbours. When he was sixteen, he joined the Red



Cross and drove an ambulance in France during World War One. After the war ended, Disney started making short cartoons in Kansas City, but soon ran out of money. He decided to try his luck in Hollywood. He came to California with a suitcase and \$20 in his pocket.

It took a while, but Disney began to enjoy success with his cartoons. He created Mickey Mouse, the most famous cartoon character ever. Then in 1937, 'Snow White and the Seven Dwarfs' was released. It was the first full-length animated movie, and a huge success. Disney made many more movies that we still watch today, including 'Pinocchio', 'Dumbo', and 'Bambi'.

It was in the 1940s that Walt Disney first had his brainstorm about a fun park for families. His idea grew bigger and bigger, and he realized he needed a lot of space for his park. He wanted it to have everything—a mountain, rockets, spinning teacups, and a fairy

Years after Walt Disney first had the idea, Disneyland ope 1955 in a former orange grove in Anaheim, California. Adm



