

Blue Sky Behavioral

November 2022
Volume 7, Issue 12

November News

November was a full month for us at Blue Sky. We were invited back to the Crayola Experience for the unveiling of their new theme. We had a blast outside with the interactive Crayola experience and then moved indoors to create our very own art pieces.

We spent a peaceful morning at the Japanese Friendship Garden in downtown Phoenix. We loved seeing the coy fish and just relaxing in the beautiful scenery. We also enjoyed an afternoon in downtown Mesa at the Veterans Day Parade. We even got to meet Representative Greg Stanton!

We had a fun time at the McCormick Railroad Park. We were able to tour the inside of an old railroad train and spend an hour looking through the miniature train museum. We ended the visit with a train ride through the park.

Thanksgiving was a blast at Blue Sky. We had several residents spend the day with family members, but we were lucky enough to have most of the Blue Sky family here for our big Thanksgiving lunch. We enjoyed turkey and all the fixings! Residents and staff reminisced all the things they are thankful for and just enjoyed each others company.

We are already jumping into the Christmas season, putting up our Christmas trees and attending a Christmas Parade. We can't wait to share with you all the fun things we have planned for December.

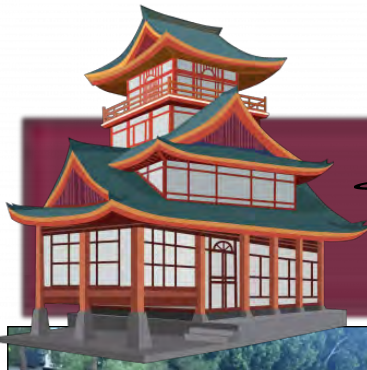
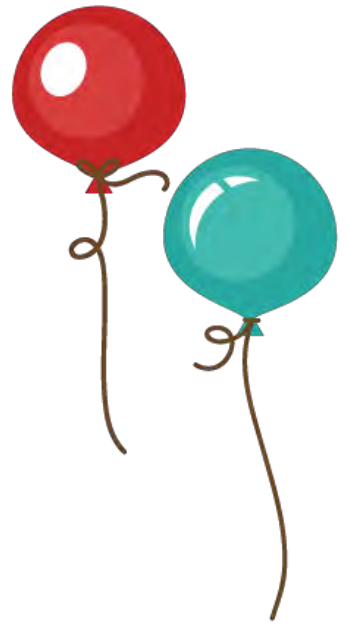
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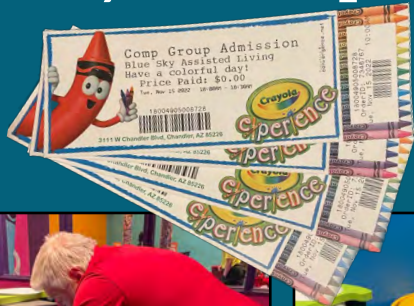
Happy Birthday



Japanese Friendship Garden



Crayola Experience

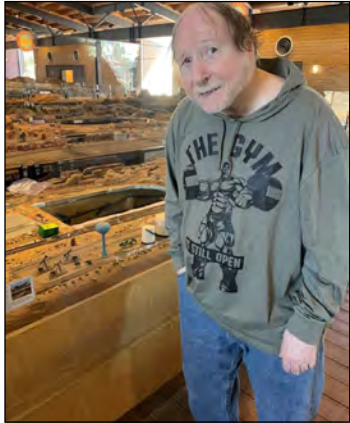


Veterans Day Parade



McCormick-Stillman

Railroad Park



Thanksgiving

We spent the month of November participating in Thanksgiving themed activities such as crafts and reminiscing on all we are thankful for. On Thanksgiving Day we celebrated with good food and great friends!

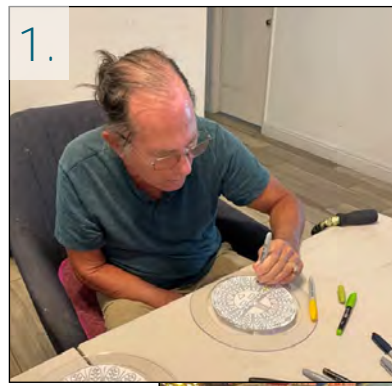


Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of our groups this month.

1. Stained Glass Art Class

We had a special art instructor visit us to help us create beautiful stained glass artwork. We love seeing them hanging up around the house.



2. Christmas Parade

We bundled up with blankets and hot chocolate to kick off the Christmas season as Tempe's Festival of Lights parade.

3. Ornament Decorating

We couldn't help but put up our tree a little early. We created our own unique ornaments to hang on the tree.



4. Fall Wreaths

Residents created their own fall wreaths for the doors using paper plates and leaves.



5. Starbucks

Twice a month residents can cash in their 'Blue Sky Bucks' for a treat from Starbucks. We have been loving the new fall drink flavors!

