

# Blue Sky News



## October News

October was a busy month with great weather to be outside, gardening, and going for walks. We did the NAMI walk in our neighborhood and yard to walk for mental health awareness. And check out those fun vibrant tie dye shirts our residents made, they turned out so great!

We did several crafts, decorated cupcakes and pumpkins for Halloween. This month we also starting a luminosity program for residents interested in brain stimulating games. It has been interesting to see some of the strengths in our residents as they try something new.

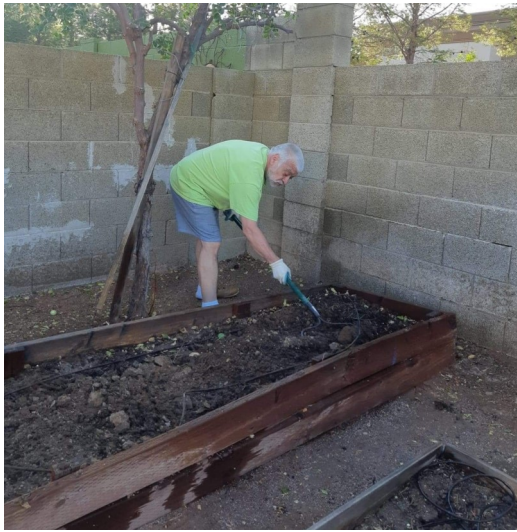


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# Garden



It's fall planting time! Since the weather is so nice, it is the perfect time to plant our greens and roots that are cold tolerant. This is when it is great to be in Arizona!

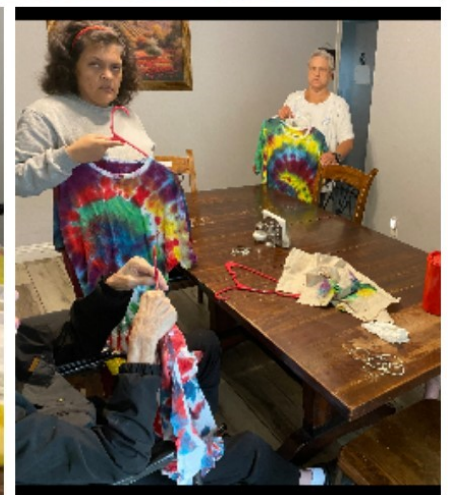
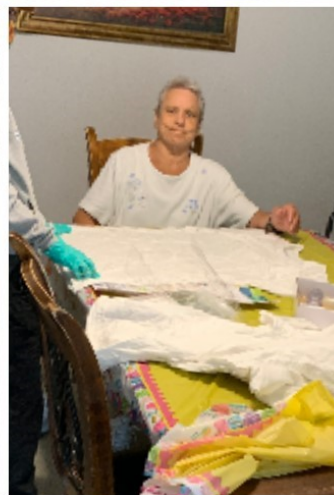


# Bingo





# Tie Dye



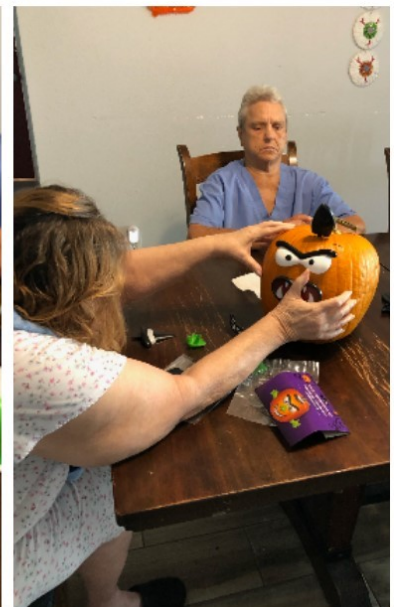


# Games





# Pumpkin Decorating





# Halloween Cupcakes





# GROUPS




## THIS DAY IN HISTORY

OCTOBER 11

### ON THIS DAY

- 1852 The University of Sydney, Australia's oldest university, opens.
- 1939 Albert Einstein informs Franklin D. Roosevelt of the possibilities of an atomic bomb.
- 1944 *Laura*, a celebrated film noir starring Gene Tierney and Dana Andrews is released.
- 1975 #1 Hit: Neil Sedaka - *Bad Blood*
- 1975 The first episode of the popular sketch comedy show, *Saturday Night Live* airs. The original cast members included Dan Aykroyd, John Belushi and Chevy Chase.
- 1983 *Can't Slow Down*, the 2nd studio album by Lionel Richie is released.
- 1987 A huge sonar exploration of Loch Ness in Scotland fails to find any sign of the Loch Ness monster.
- 1997 #1 Hit: Elton John - *Candle in the Wind '97*

### HAPPY BIRTHDAY



**Eleanor Roosevelt**  
*U.S. First Lady, Diplomat*

**BORN** October 11th, 1884  
**DIED** 1962 (aged 78)  
**NATIONALITY** American

Eleanor Roosevelt was the niece of one U.S. president, Theodore Roosevelt, and married a man who would become another, Franklin D. Roosevelt (her fifth cousin once removed). Redefining the role of the first lady, she advocated for human and women's rights, held press conferences and penned her own column.

She served as the First Lady of the United States from March 1933 to April 1945 during her husband's four terms in office, making her the longest serving First Lady of the United States.


After leaving the White House in 1945, Eleanor became chair of the U.N.'s Human Rights Commission. President Harry S. Truman later called her the "First Lady of the World" in tribute to her human rights achievements.

Eleanor and Franklin Roosevelt had 6 children.


### LETTER SCRAMBLE

LGEGOB \_\_\_\_\_ Word Game  
ASAALMIY \_\_\_\_\_ Country  
RMSEEH \_\_\_\_\_ Greek God

Keep your eyes wide open before marriage and half shut afterwards.



Great minds discuss ideas; average minds discuss events; small minds discuss people.  
— Eleanor Roosevelt





This month with such great weather we have been enjoying going on walks in the morning more than ever. There have been several Halloween crafts we have done this month as well. We have done mindfulness activities, games, playdough activities and one on one time We did learning activity on Franz Marc, the German painter, and reviewed some of his art pieces of German Expressionism. In the page above you can see one the historical activities in which we reviewed all the interesting things that happened on that day in history. This is always interesting to see on an average day throughout history how each day has something to celebrate.