

Blue Sky Behavioral

April 2023
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May News

Even though Blue Sky is moving many activities indoors for the summer months, we couldn't pass up the chance to sneak in a quick trip to the petting zoo before the summer heat got here. We loved seeing the many animals including sheep, goats, chickens, rabbits and turtles!

We enjoyed a beautiful performance by the East Valley New Horizons Orchestra. They played new and old hits that we loved. Several residents have been participating in the Aster Aging Community Center to partake in a variety of activities including a drawing class.

This month we were honored to celebrate all the moms that we get the pleasure of caring for every day at Blue Sky. Moms were treated with roses, special lunch and a yummy cheesecake.

Cinco De Mayo is one of our favorite holidays here at Blue Sky. We enjoyed home cooked Hispanic food and a fun lunch with friends.

We rounded out the month with a trip to the movie theater—one of our favorite activities. Residents enjoyed popcorn and soda while watching the movie "Champions". Residents are already asking to go back!

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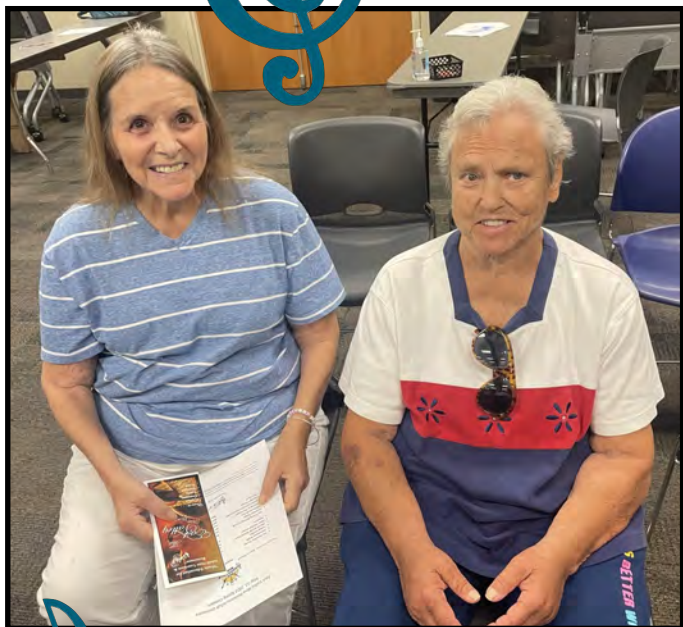
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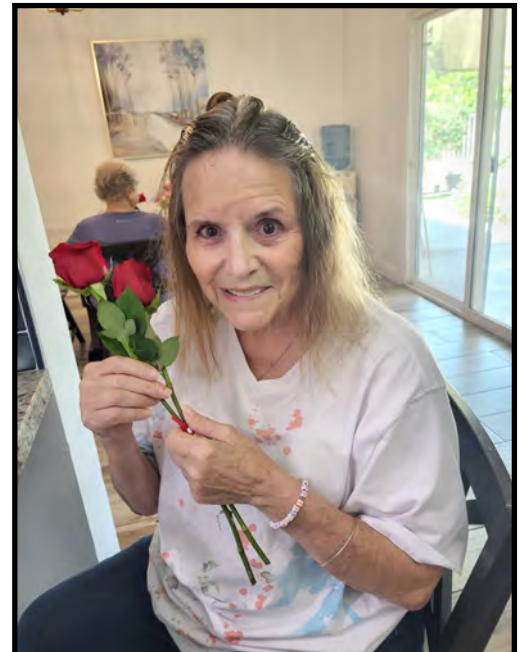


East Valley ORCHESTRA

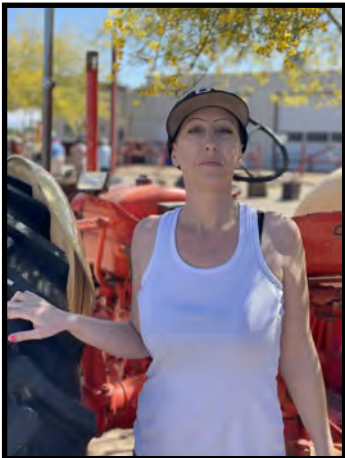
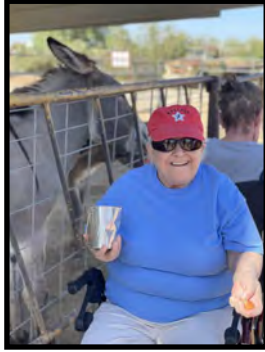


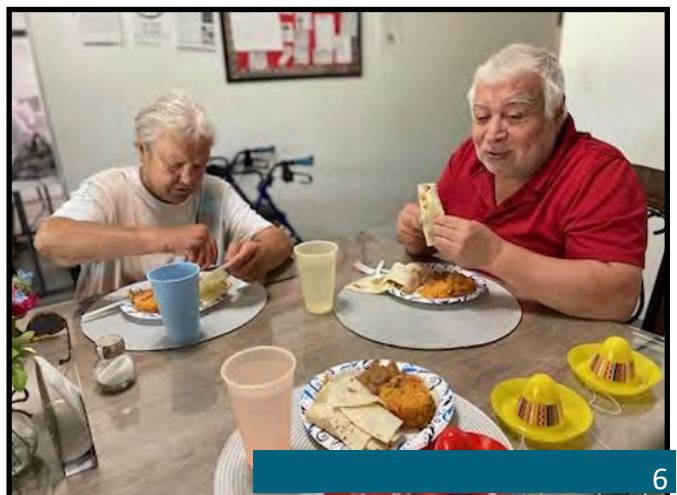
ASTER AGING CENTER

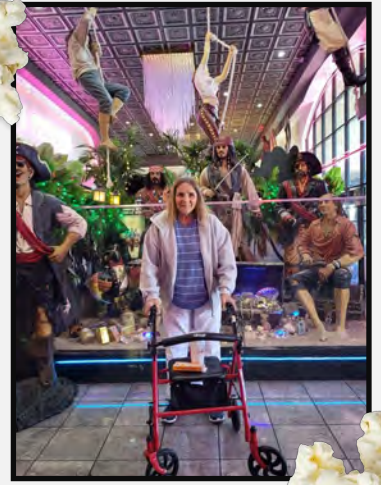
This month several residents began attending activities at the Aster Aging Center. They offer many activities that residents have voiced interest in. This month a resident is seen enjoying a drawing class where she drew from live models!



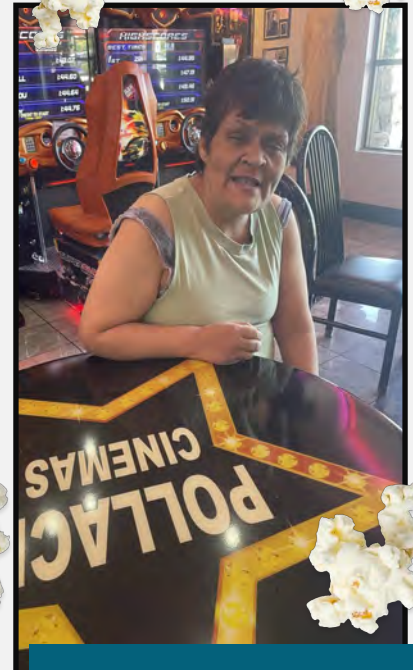
Superstition Farms Petting Zoo







POLLACK CINEMAS

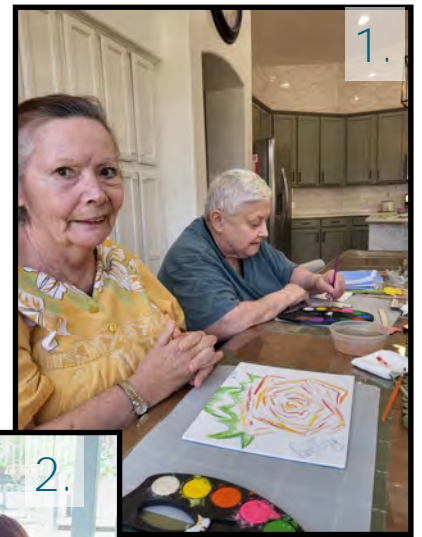


Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of some of our groups this month.

1. Painting Class

We have some amazingly talented artists at each house. These ladies showcased their skills painting spring flowers.



2. Flag Crafts

Residents celebrated Memorial Day by creating flags to hang around their home.



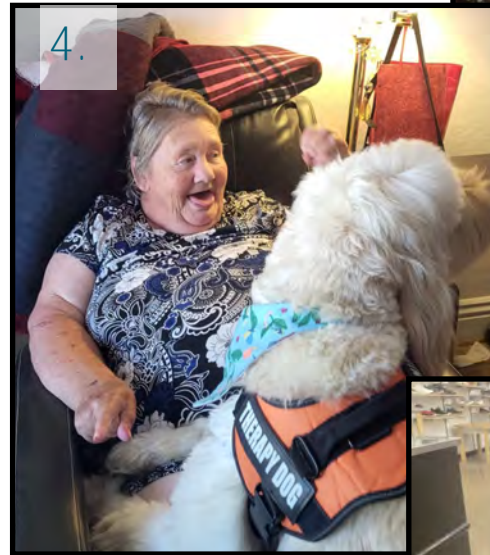
3. Balloon Volleyball

As we move our exercises indoor for the summer residents have been enjoying playing volleyball.



4. Dog Visits

It's always a good day when our furry friend, Henry, comes to visit us. He always brings a smile to our faces.



5. Shopping

Always a fan favorite—residents love the shopping outings to local stores. Makes the trip even better when you find a surprise stuffed moose that you couldn't pass up on!

