

# Blue Sky Behavioral

May 2022  
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## May News

What a fun month! Even with the Phoenix summer coming in we found a few ways to beat the heat and have plenty of fun. We have made a few shopping outings to Goodwill where we have bought some new outfits for the Senior Prom being held at the senior center next month—we can’t wait to share pictures!

I’m not sure about you, but summer heat makes us crave some fresh, sweet fruit. We tried our hand at making edible fruit arrangements by using mini cookie cutters and toothpicks. Our arrangements were beautiful and the fruit was delicious as always!

We took a trip to the bowling alley where we had a blast trying to get strikes; some of us haven’t bowled in years! We are hoping to go back to this location next month as they also have indoor, glow-in-the-dark putt-putt.

Of course we had to have some ice-cream treats to top off our amazing month. We were fortunate enough to have the ‘Lil’ Ice Cream Truck’ stop by both houses for some yummy ice cream bars. We also made a trip to Baskin Robbins at the end of the month where residents go to select their flavor from over 31 flavors!

Next month we are hoping to make it out to some Phoenix sport games, continue our virtual country tour...and probably indulge in some more ice cream! We can’t wait to share what June has in store for us.

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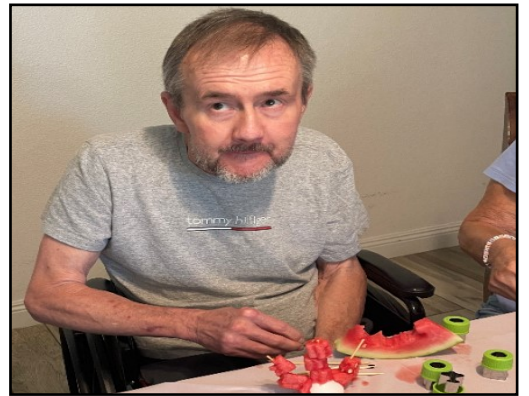
# MEMORIAL DAY COOKOUT





Summertime

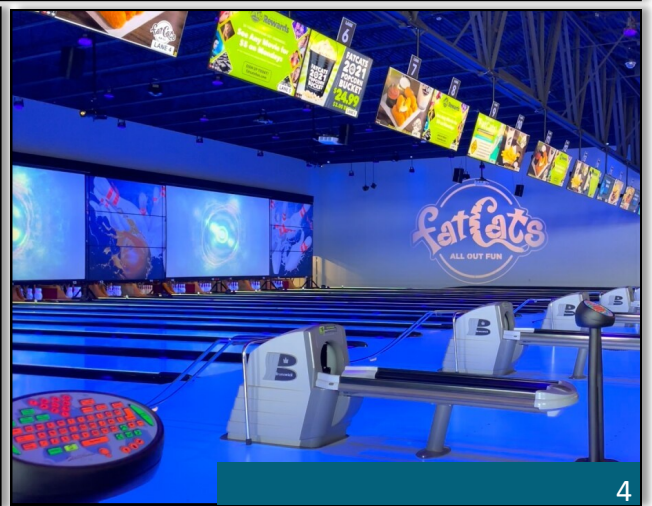
# Fruit Decorating





Fat Cats

# Bowling





# Lil' Ice Cream Truck





# Salvador Visits Blue Sky

Our residents have been asking for a cat visitor for months. Fortunately we were able to track down Salvador, and his owner, Tracy, for our first ever therapy cat visit! Residents had a great time cuddling up with Sal, feeding him treats and giving him plenty of pets. On his next visit to Blue Sky his feline brother, Roger, may tag along for a visit.





# Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of our groups this month.

## 1. DNA Building

We learned about how DNA is constructed and made our own version of the DNA double helix made of sour patch kids.



2.



## 2. Library

Residents got their library cards and have enjoyed frequent trips to the library for books, CD's and DVD's!

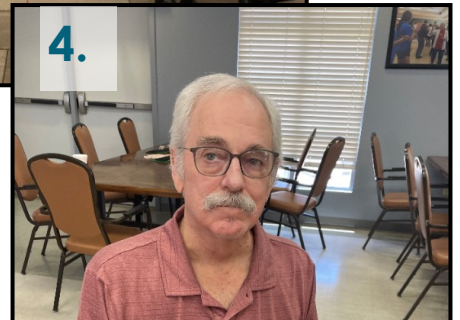
## 3. Volleyball

As the weather heats up we are looking for new ways to get our exercise in. This month volleyball has been a hit—pun intended!



## 4. Senior Center

Our bi-weekly lunch outings to the senior center have been growing. The food is delicious and residents get time to socialize.



## 5. Therapy Animal Visits

We were happy to have our furry friend, Tater, stop by this month for a visit. We've also received photos of our previous dog visitor, Bella, with her brand new puppies. We can't wait to have her back for a visit when she gets to feeling better.

