

Blue Sky Behavioral February 2022
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Blue Sky News



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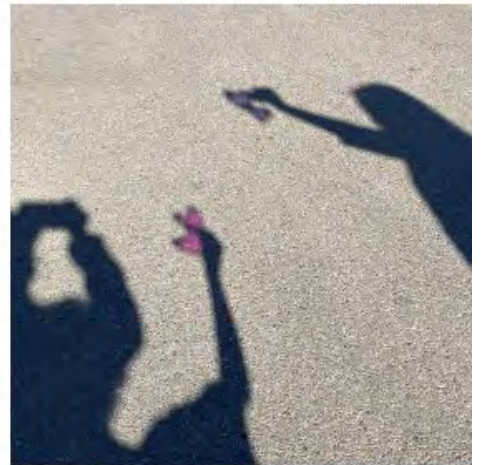
February News

We managed to packed a lot of fun into the shortest month of the year. Of course we started off the month with a Super Bowl party, game food and as always had both happy and sad residents at the end of the game. Love is in the air as we did crafts, decorated and celebrated Valentine's day and all the people near and dear to us.

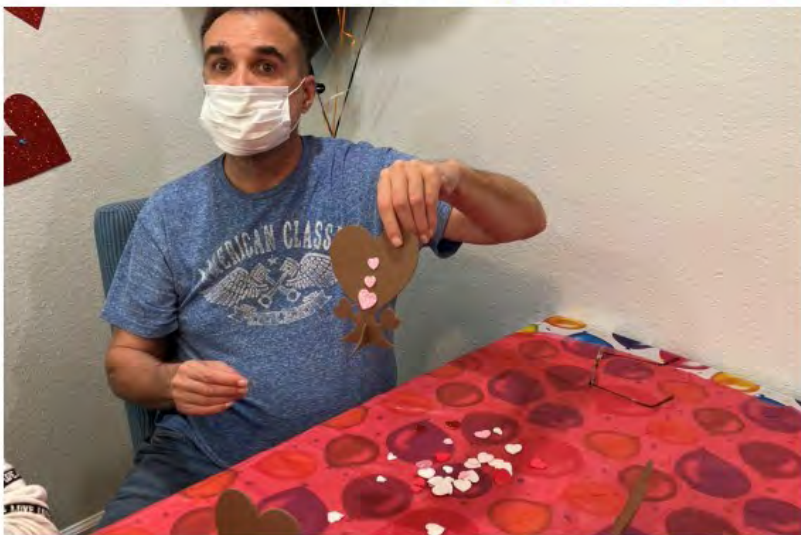
While learning about the history of Mardi Gras, we of course had to have a party wear fun masks for a change. The beads had been a fashion accessory that have stuck days and weeks after our Mardi Gras party. More fun to come and as always Enjoy!



Sun Catchers



Valentine's Crafts



Valentine's Crafts

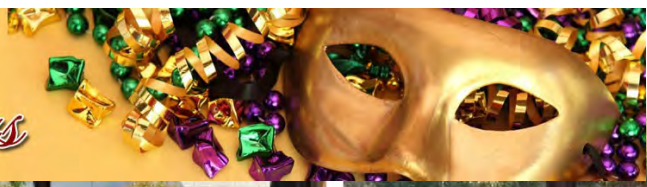


Super Bowl

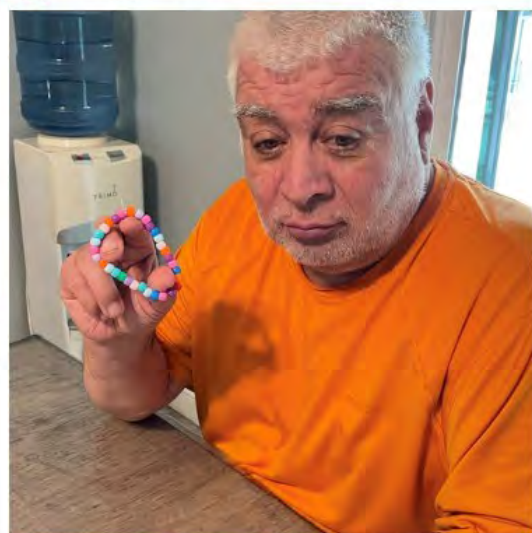
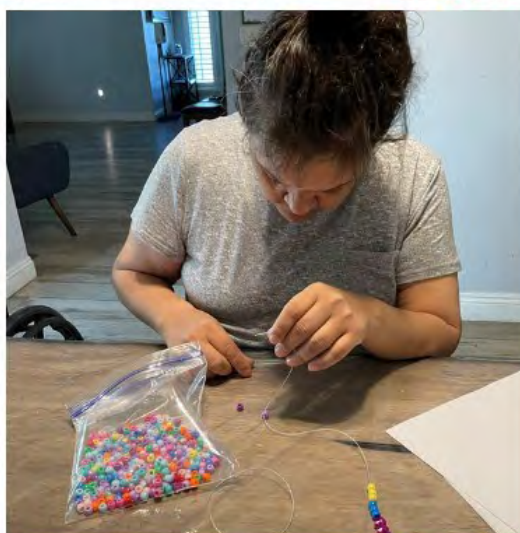
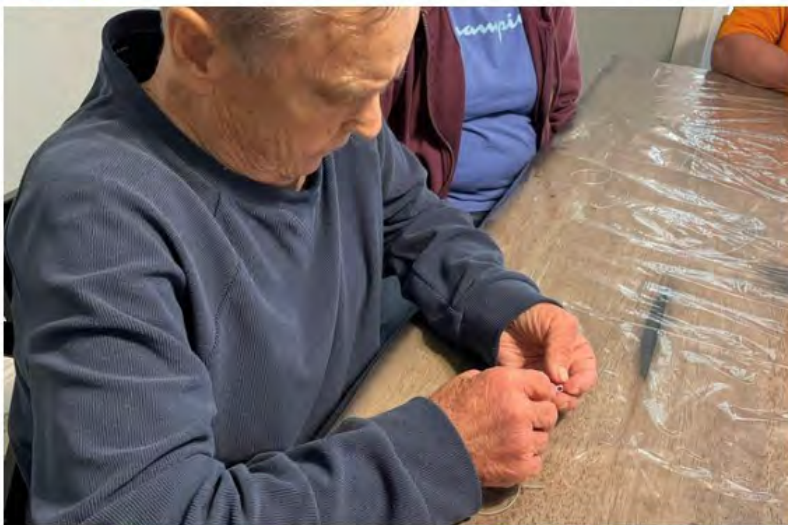




Mardi Gras



Making Bracelets



GROUPS

In the month of February we focused on love and kindness. We had several Valentine's day crafts. The residents got very creative making sun catchers, decorated hearts and had a Valentine's Party.

Some of our learning activities last month included an interesting activity comparing our prices with the 80's. We learned some things are actually cheaper now like TV's, which items are much more and how it compares with inflation. We also learned about the history of Mardi Gras and had a Mardi Gras Party.

While going for walks we have especially been looking for wildflowers as we go along. We did a "Complete the Phrase" game and were so impressed with all the answers our residents knew.



What 13 Things Cost in the 1980

You might get nostalgic about your food bill but not about the cost of a
by John Waggoner, AARP, January 24, 2020

LIST | SLIDESHOW

14 Photos



PHOTO BY: THAWORNNUK / GETTY IMAGES

En español | In 1985 a cellphone was the size of a brick, an eagle could perch on a woman's shoulder pads, and Bruce Springsteen's tour took in enough money to repave Highway 9. And though you might get nostalgic for your grocery bill of 35 years ago, not everything was a bargain at the midpoint of the 1980s, especially when you factor in inflation. Curious to know what things cost in the year that *Back to the Future* was the top-grossing movie? Strap in to our time machine and take a trip back to the decade of greed and excess.

