#### Blue Sky Behavioral

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### Blue Sky News



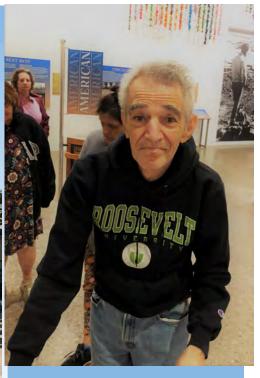
### **February News**

The month of February was the month of love at Blue Sky as we focused on love and kindness in our groups. We focused on good friendships, building relationships, solving

conflict and having good communication. We also had some fun activities writing Valentine's and doing watercolor.

One of the outings this last month was going to the Chandler Museum which had a lot of interesting history of the area. It was an very educational and definitely recommended.

We of course did our regularly scheduled activities shopping, going out to eat, movies, hair cuts, golfing, but only included the newest pictures this month. Enjoy!



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# Chandler Museum













# Valentine's Day



## Watercolor





## Groups

This month we focused a lot on love and kindness, why it is important and how we can show it to others. The first week was about how to be a good neighbor and how to resolve conflict and next as we rolled into Valentine's week we gave everyone the opportunity to write valentine's and share their appreciation for others.

Later in the month good and bad consequences were our group topic. At Blue Sky we love to focus on the good consequences and we realized as they wrote our their positive and negative the positive was prominent as well.

