

# Blue Sky Behavioral

March 2023  
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## March News

We are absolutely loving this cooler weather! Whether we were at a picnic, baseball game, rodeo or just relaxing in the backyard, you couldn't keep Blue Sky indoors this month.

We started off the month with a picnic at the park. We packed our lunches and enjoyed a peaceful afternoon by the pond, chatting with friends, dancing and feeding the ducks.

Residents have been loving attending the 'Out-to-Lunch' Concert Series in Mesa and this month may have been the best yet. We celebrated St. Patrick's Day by listening Irish music performed by Stillichio.

One of the most popular outings this month was our trip to the Mul-Chu-Tha Fair and Rodeo in Sacaton. Residents enjoyed dinner at the fair and loved seeing all the carnival rides!

We patiently waited all month to attend a Spring Training game and the anticipation was worth it! We had wonderful weather to spend the afternoon outdoors watching the Diamondbacks start their season off.

We finished off the month with a trip to the Corvette car show. Again, the weather was perfect for a Saturday in downtown Chandler. We can't wait to share with you what April has in store!

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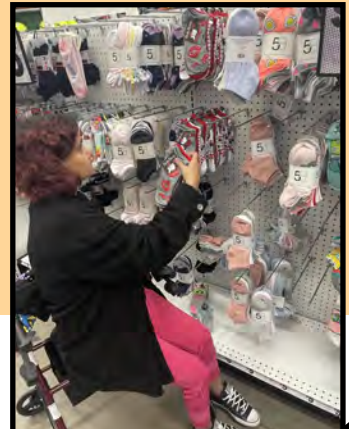
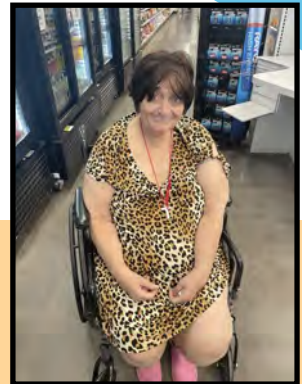


# HIP HIP HOORAY!

*It's your birthday!*



## *Shopping Trip*







# Spring Training Baseball Outing







# PICNIC

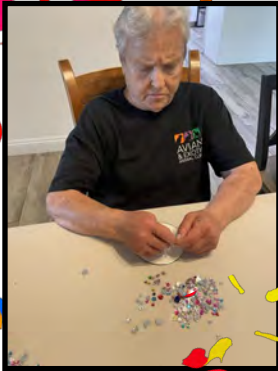
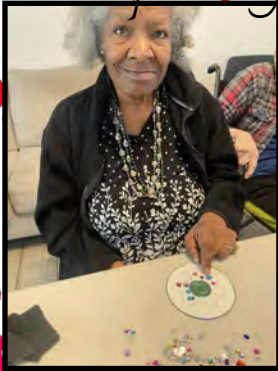
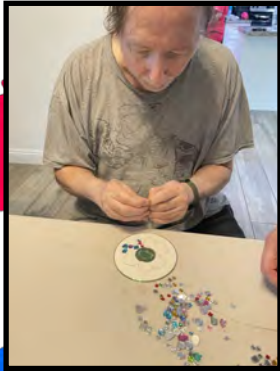
*In the park*



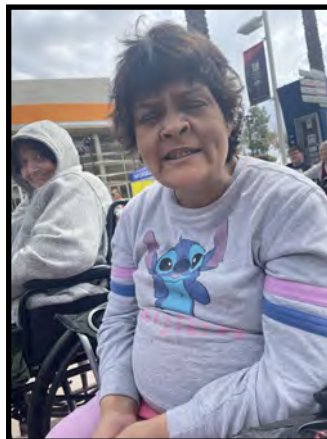


# ART CLASS

*With special guest Samantha*



## St. Patrick's DAY CONCERT IN THE PARK









# Corvette

## CAR SHOW





# Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of some of our groups this month.

## 1. Gardening

All of our homes have beautiful (and edible!) gardens maintained by staff and residents. Our Vista residents have been hard at work planting in their new raised flower beds.

## 2. Hair Clips

Residents enjoy getting creative in our arts and crafts activities including making beautiful hair clips for spring.

## 3. Outdoor Walks

We love getting out when the weather is nice to walk on the outdoor track or take a loop around the neighborhood.

## 4. Suncatchers

Groups are a great way to socialize while having a good time. This month residents made beautiful suncatchers to hang in their windows.

## 5. Bingo

Nothing beats a good game of bingo—especially when Blue Sky Bucks are involved!

