

# Blue Sky Behavioral

June 2023  
Volume 8, Issue 7

## June News

Happy July! We keep thinking the summer heat will slow down our residents, but they seem to always be on the move at Blue Sky. We started off the month with a trip to the library. Some residents worked at the computers, others checked out books and most of us enjoyed the virtual reality experience. Residents traveled all over the world, to Paris, California and even took a dip under the sea.

We crossed another museum off our bucket list as we enjoyed an afternoon at the Eddie Basha Museum. We had a great time learning about Native American history and checking out some amazing artwork, including an entire exhibit on basket weaving.

A popular outing this month was the trip to Superstition Springs Mall where residents enjoyed lunch at the food court and shopping. Speaking of lunch, we had several packed outings this month to Outback Steakhouse, Chinese and Wendy's.

We were overjoyed to celebrate our amazing dads this month with a root beer float! They bring so much joy to our lives and it is an honor to care for them at Blue Sky.

Next month we are hosting our annual 4th of July cookout along with plenty of other activities that we cant wait to share with you.

## Inside the issue

June News.....	1
Happy Birthday.....	2
Virtual Reality/Fathers Day....	3
Feed My Starving Children...4	
Museum.....	5
Out to Lunch.....	6
Shopping.....	7
Groups.....	8



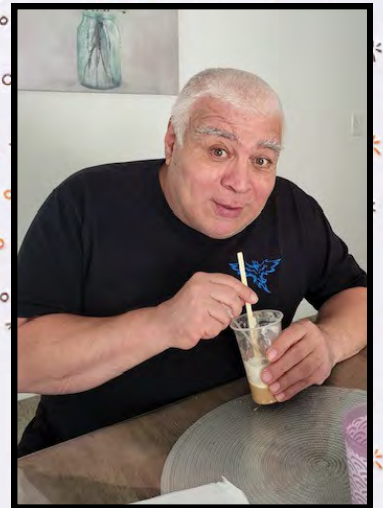
# Happy Birthday





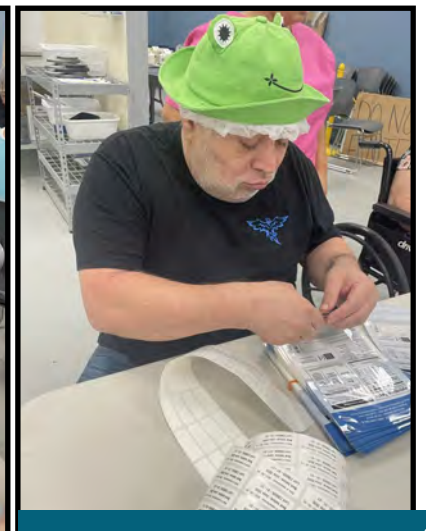
# VIRTUAL REALITY

at chandler library





# FEED MY STARVING CHILDREN





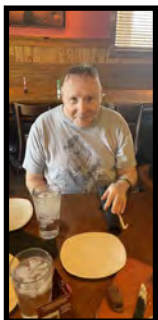
Eddie Basha

# Museum





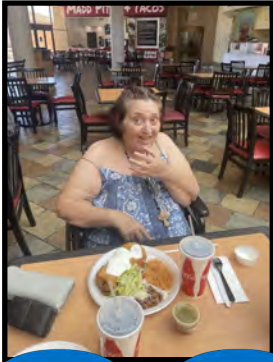
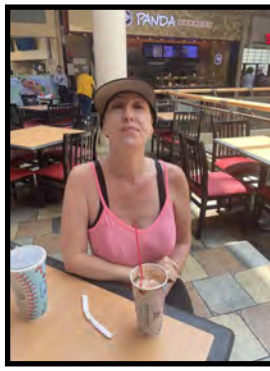
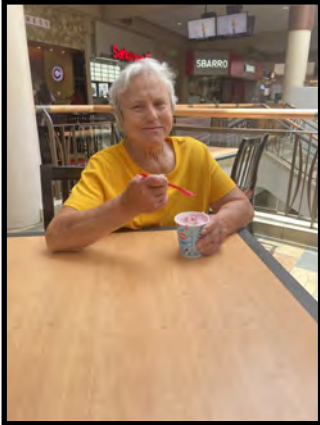
Sorry OUT TO LUNCH



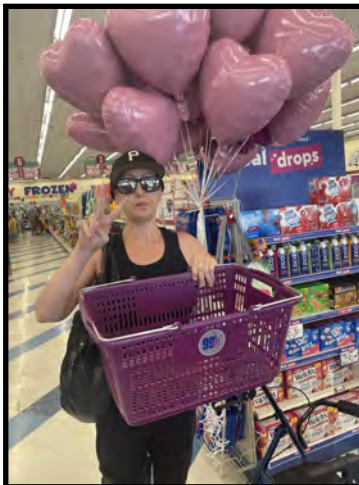
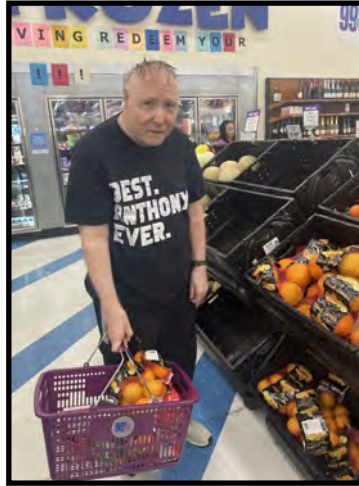


# Superstition Springs

Lunch & Shopping



99¢  
only  
STORES





# Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of some of our groups this month.

## 1. Giant Checkers

We paired up in teams for an epic battle of checkers! It's a great way to have some fun and keep our brains sharp.

## 2. Exercise

Not only are residents encouraged to attend exercise classes, we work one-on-one with residents to meet their fitness goals such as being able to walk with a walker.

## 3. Pet Therapy

Henry, our visiting therapy dog, brings a smile to everyone's face when he stops by for some pets and kisses!

## 4. Patriotic Crafts

Residents got a jump start of the 4th of July holiday by creating unique patriotic wall décor. Be sure to look for them hanging around the house next time you visit.

## 5. Exercise with a twist

We incorporated some new activities to keep residents busy while indoors for the summer months. Bowling and darts have been big hits!

