

Blue Sky Behavioral

June 2022
Volume 7, Issue 6

June News

As the month is wrapping up we are excited to announce some big news for Blue Sky—we have opened a third location in East Mesa! Our new 10-bed home is located off the 202 and McKellips. We are busy laying new floors, painting the entire house, adding some outdoor garden areas and some other renovations to get the home in top shape. We are excited to continue assisting individuals in need in the community—If you know anyone who would be a good fit for our home please reach out to us directly to send over a referral.

June has been a fun month as we continue with indoor activities to beat the heat. We enjoyed two birthday parties this month and a tasty reward outing to Barro's Pizza. We cheered the Diamondbacks to a 7-2 win on our outing to the baseball game—of course we snacked on hot dogs and popcorn!

We have been wanting to check out some museums in the area so we were excited to make our first trip to the Chandler Museum. We had a great time exploring the Dust Bowl exhibit and we are eager to check out the next Museum on our list.

One of the highlights of the month was attending the Chandler Senior Center's Senior Prom. We had a great time shopping for new dresses and shoes, getting dolled up and dancing the night away!

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Happy Birthday



...to you!

Jeanette



...to you!

Bob



Take Me Out

To the Ballgame!



 Twins 38-32	Jun 17 · Final 2-7	@Diamondbacks 32-39 
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Twins	1 0 1 0 0 0 0 0 0	2 10 2
Diamondbacks	2 0 1 3 1 0 0 0 -	7 11 0
Chase Field		

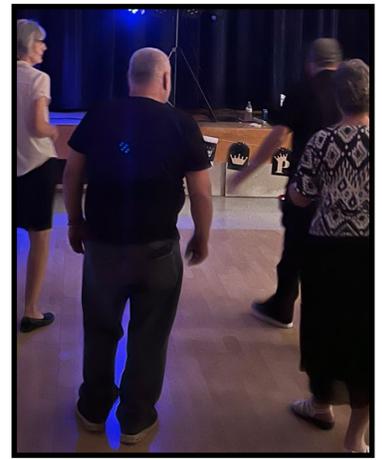


Chandler Museum



Chandler Senior Center's

Prom



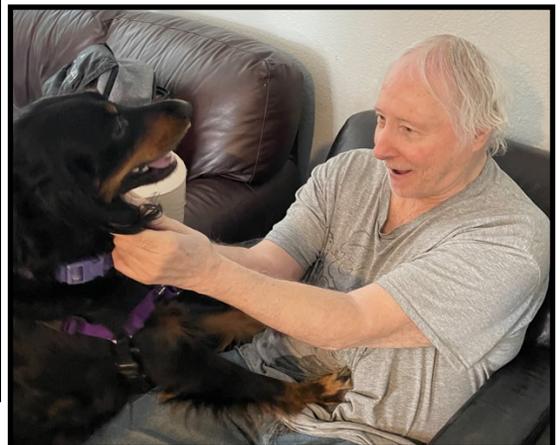
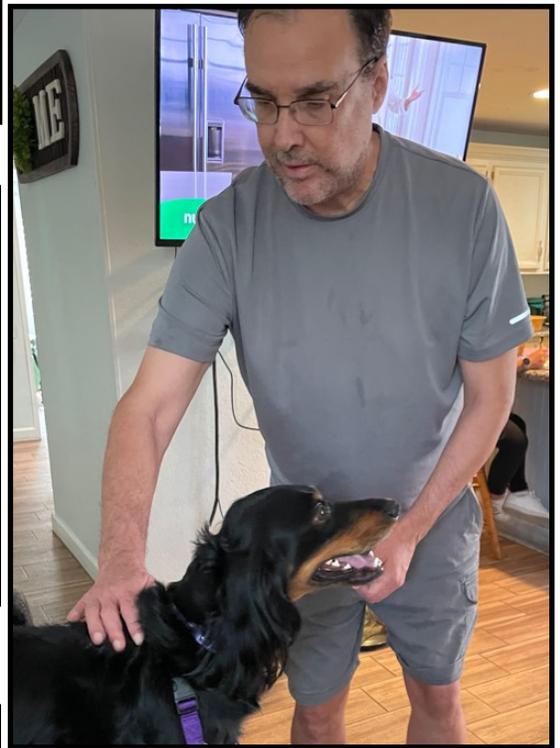
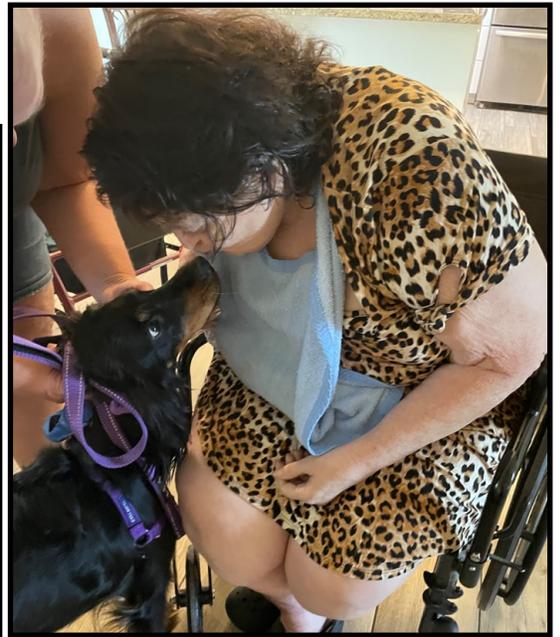
We had an amazing night at the Chandler Senior Center's Senior Prom earlier this month. We were pampered with hair, nails and makeup! Several of us even got on the dance floor and a special gal stole the spotlight while dancing with the DJ!

Bella Visits Blue Sky

Not to be confused with our other furry visitor, our new doggy visitor shares the same name as our previous dog visitor who is off on maternity leave.

Bella has been visiting us weekly on Wednesday with her human parents.

Bella loves to cuddle up on the couch with us and we look forward to her visits each week!



Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of our groups this month.

1. Brain Games

We love to incorporate stimulating brain games into our program—some of our favorites include checkers, luminosity and crosswords.

2. Embroidery

This month-long project has allowed residents to create unique designs—for several residents this was an old favorite pastime.

3. Exercise

The best way to exercise is through games! This month we used pool noodles and balloons to play modified baseball.

4. Ice Cream Floats

We learned about the history of Ice Cream Soda and celebrated with root beer floats!

5. Blue Sky Store

Each Thursday residents get the opportunity to spend their Blue Sky Bucks they earn at the Blue Sky Store. Items include essentials like deodorant/soap and the more popular fun items like candy, activity books and trendy hats!

