

# Blue Sky Behavioral Blue Sky News

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## May News

We have been as active and busy despite spending most of our time at home. We have been going for drives, spending time gardening and doing much more exercise at home.

We have started a Blue Sky store since we have not been able to do our weekly trips to the store. This is also another way to spend Blue Sky bucks that everyone is earning so much of keeping busy and exercising at home.

We miss all our regular scheduled outing, but we are getting creative and keeping busy, but most importantly staying healthy!





# Resident taught Yoga





# Garden



Getting dirt for planting



Grapes are close to harvest



Planting seeds



Figs growing



Apples are ready



We have been planting more seeds this month. In Arizona it seems we can plant most months of the year. This season peppers, tomatoes, and zucchini, really any squash love the heat. Meanwhile our grapes and apples are about ready to eat.

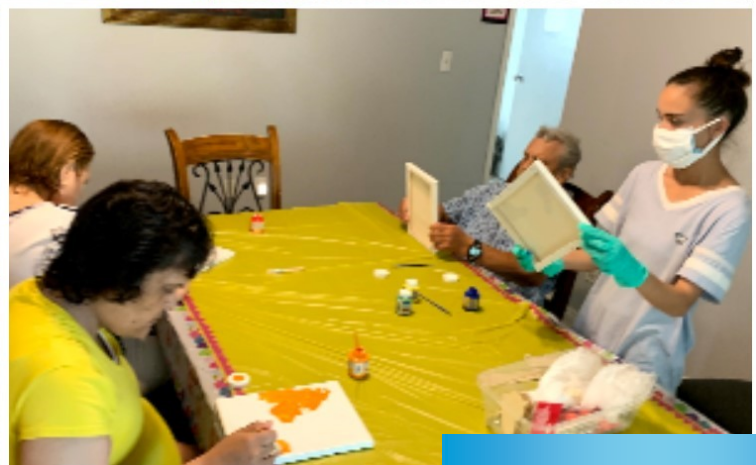


# Balloon toss



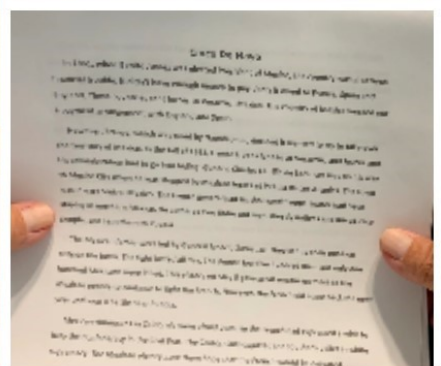
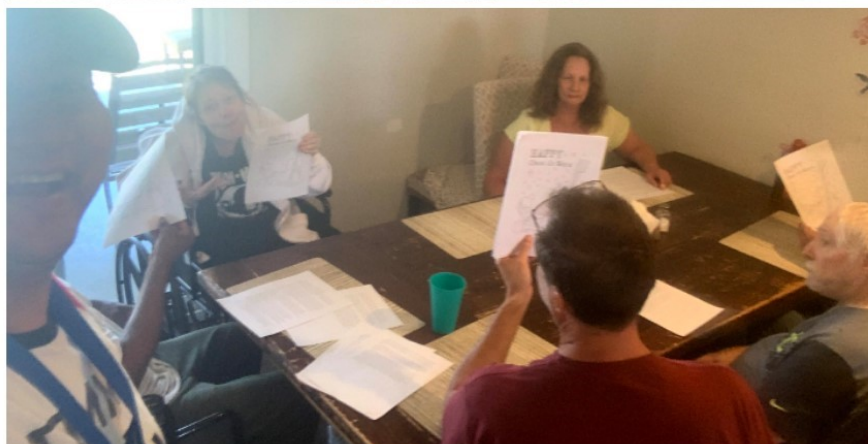
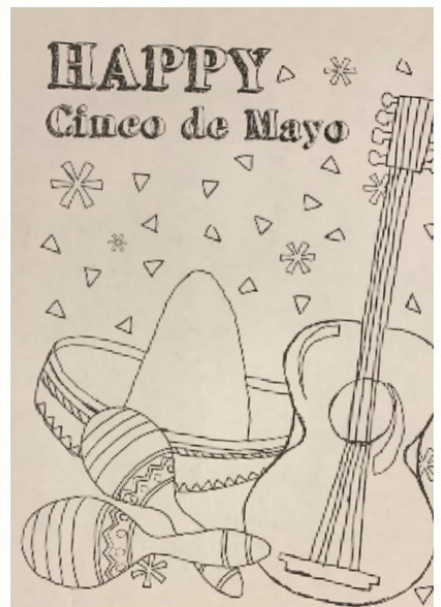


# Paint





# Cinco de Mayo



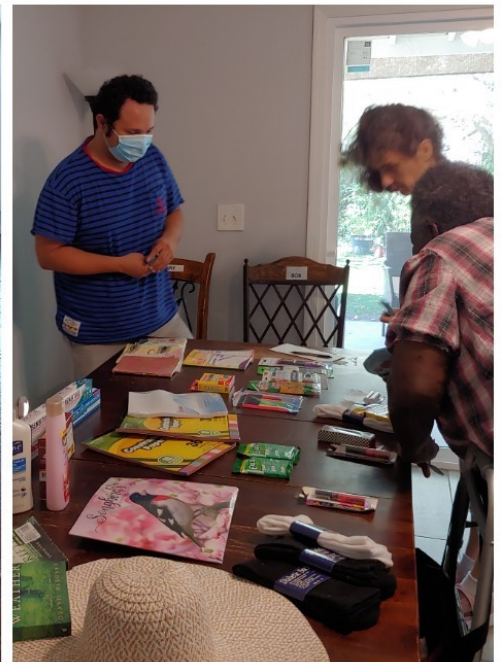


# Games





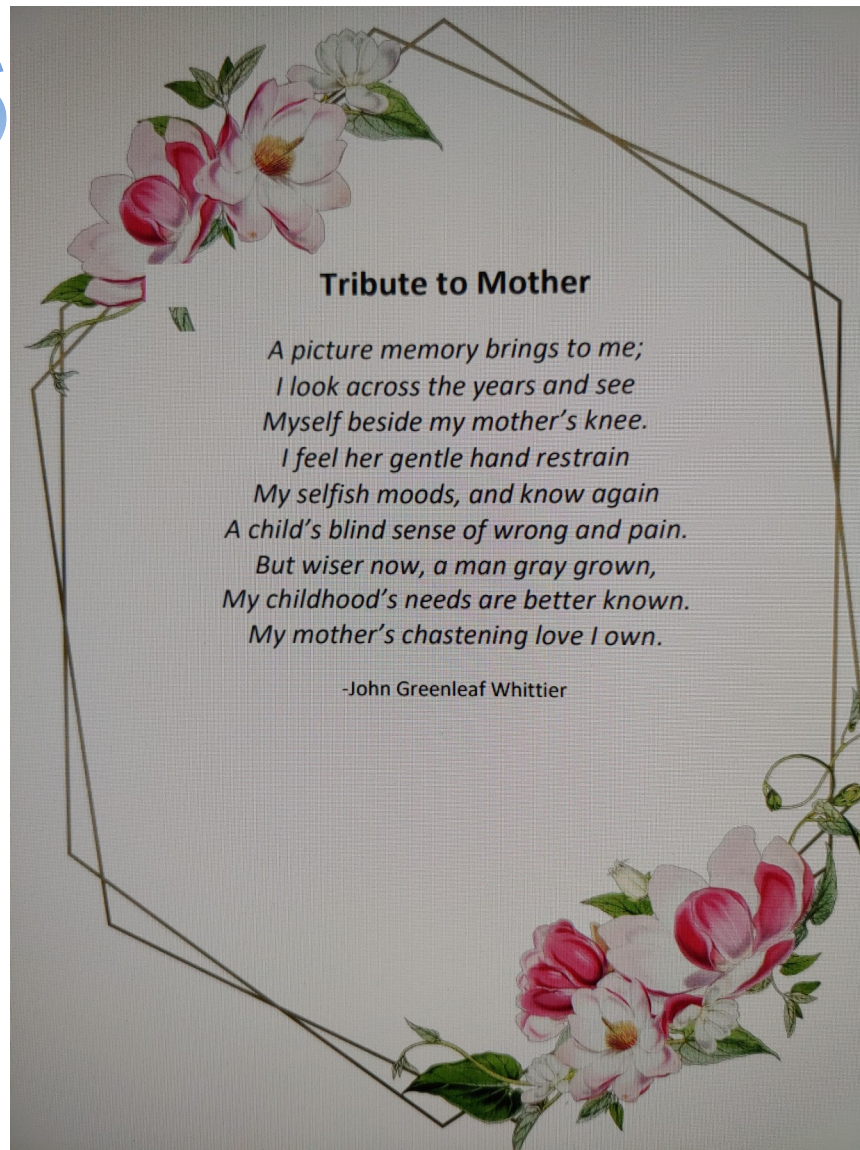
# Blue Sky Store





# Groups

We have had some learning activities about Cinco de Mayo, Katherine Johnson, Great White Sharks, and history and fun facts of Mother's day. We have done painting, gardening, word scrabbles and word searches to keep our minds active. When celebrating Mother's Day we did several fun activities recalling iconic mother's from past decades. See how many you know from the TV moms below.



Match the TV Mom to the TV Show!		
1. _____	Lucy Ricardo	A. Leave It to Beaver
2. _____	June Cleaver	B. The Partridge Family
3. _____	Lily Munster	C. Happy Days
4. _____	Harriet Nelson	D. I Love Lucy
5. _____	Donna Stone	E. The Adventures of Ozzie
6. _____	Margaret Anderson	F. Father Knows Best
7. _____	Shirley Partridge	G. The Munsters
8. _____	Marion Cunningham	H. Donna Reed Show

