

Blue Sky Behavioral

July 2022
Volume 7, Issue 7

July News

July was a packed month with Blue Sky celebrating seven birthdays! Residents love to pick out their favorite sweet treats for their birthday; a few unique choices this month were carrot cake, mint chocolate chip ice cream, marble cake, and German chocolate cake, yum!

We continued checking off museums in the Phoenix area by visiting the Pangea Dinosaur Museum. Residents received ‘passports’ upon entering the museum and had a blast checking off which dinosaurs we saw. When we turned in our passports at the end we received our own mini dinosaurs to take back home.

We must be good luck because we cheered on another Phoenix team to a victory! Residents headed to downtown Phoenix to watch the Phoenix Mercury take on the Seattle Storm. We had great seats, but I think we most enjoyed the sodas and popcorn!

Making our own pizzas and popsicles was another hit activity. Residents loved picking out their favorite pizza toppings and being the chef for the day! We cut up fresh fruit, mixed with yogurt and juice to make our own popsicles. We set them in mold and froze them. They were the perfect treat on a hot day.

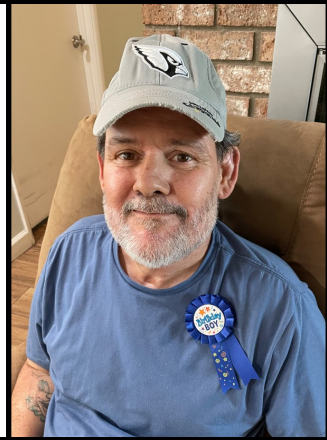
Next month we have a trip scheduled to the Orpheum Theater, casino and police museum– just to name a few!

Inside the issue

July News.....	1
Happy Birthday.....	2
Basketball Game.....	3
DIY Pizza & Popsicles.....	4
Pangea Museum.....	5
Fat Cats.....	6
Groups.....	7




Happy Birthday



She shoots,
She Scores!





Phoenix Mercury

5th in WNBA

GAMES


NEWS

STANDINGS

PLAYERS

WNBA · Fri, Jul 22


Final



Seattle Storm

(17 - 10)

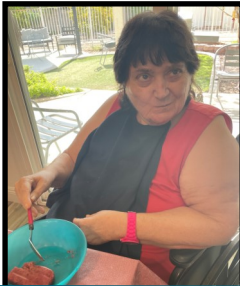
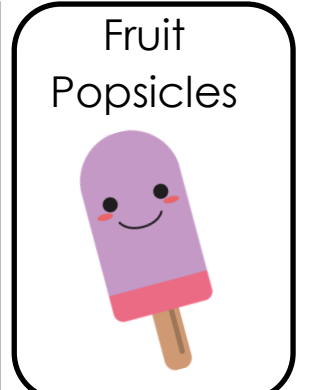
78 - 94



Phoenix Mercury

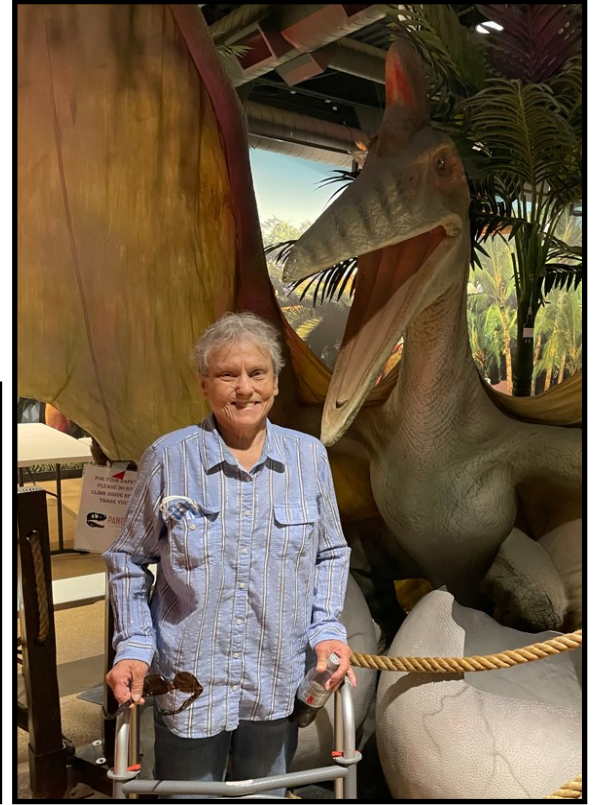
(12 - 16)

DIY Pizza & Popsicles



Pangea

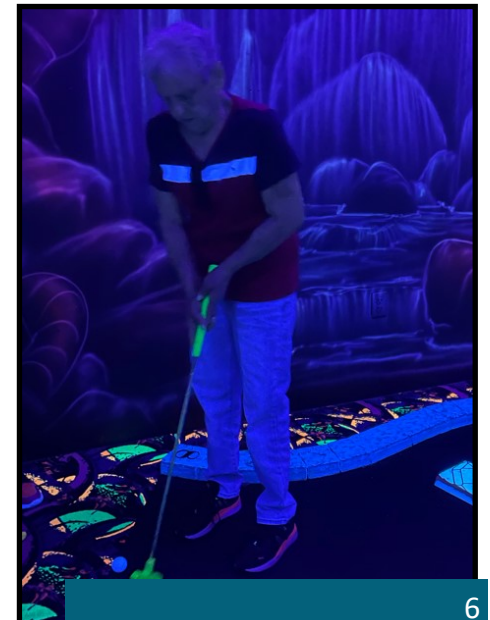
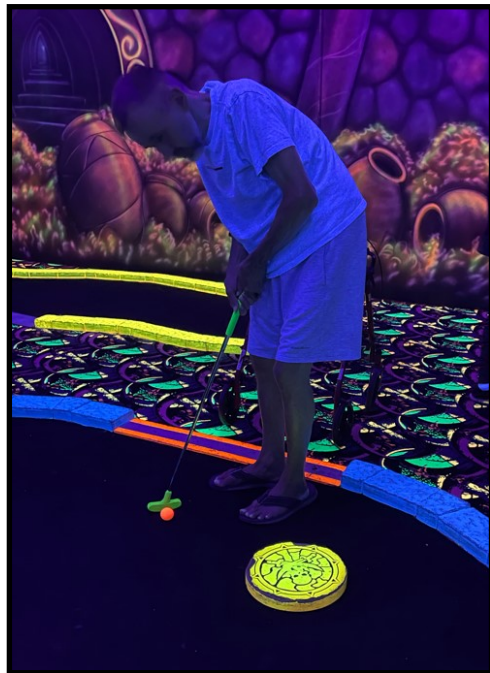
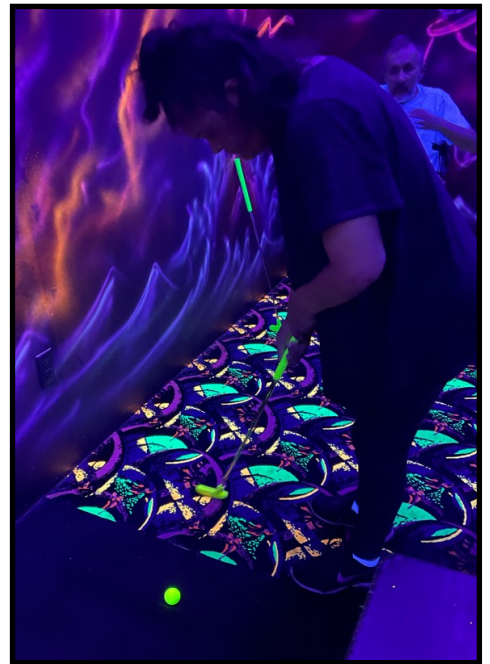
Dinosaur Museum



Fat Cats

We love going out for the afternoon to Fat Cats Entertainment Center. Last trip we spend the day bowling, but this time residents wanted to try their hand at Putt-Putt.

We had a great time maneuvering the many obstacles and the fact that it was all glow-in-the-dark was a fun twist. No one got a hole in one, but we all had a great time!



Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of our groups this month.

1. Brain Games

We love to incorporate stimulating brain games into our program—some of our favorites include checkers, luminosity, dominos and crosswords.

2. Kitten Visitors

Our owner has been bringing in her kittens for visits. It has been so fun watching them grow and change over just a short few weeks.

3. 4th of July Celebration

What's the best way to celebrate the 4th of July? Fun decorations, trivia and cupcakes, of course!

4. Tie Dye

Residents enjoyed creating their own unique designs on their shirts and have loved wearing their new outfits!

5. Puzzle Books

We incorporate puzzle books as much as possible to keep our residents sharp and focused.

