

Blue Sky News



Inside this issue

December News.....	1
Mills Mall.....	2
Rose Garden.....	3
Christmas.....	4
Prescott.....	5-6
Casino.....	7
Botanical Garden.....	8-9
December Activities.....	11
Groups.....	12

December News

Happy 2020! We have had a great year and this month was a great time for reflection among all the hustle and bustle of the holidays. One of our big trips this month was going up to Prescott to enjoy the Festival of lights. Did anyone else know Prescott was Arizona's Christmas city? Well now we know why! It is definitely something we will repeat in the future.

We spent a day at Mills mall and had lunch and got some shopping done. We also went to the Desert Botanical Garden which is truly amazing and somewhere we will go back. There is a beautiful rose garden on MCC Campus that we went for our of our groups rather than just doing mindfulness in our yard which was a fun change. There are also pictures from our Casino trip and Karaoke night, and Christmas and New Year's celebrations. Enjoy!



Mills Mall

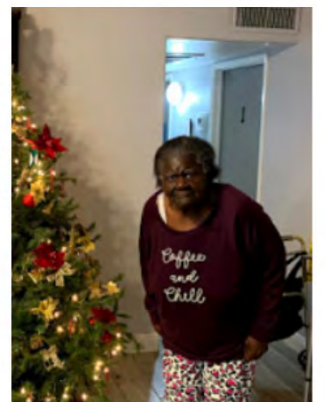


Rose Garden



Welcome _____

Christmas



Prescott

5



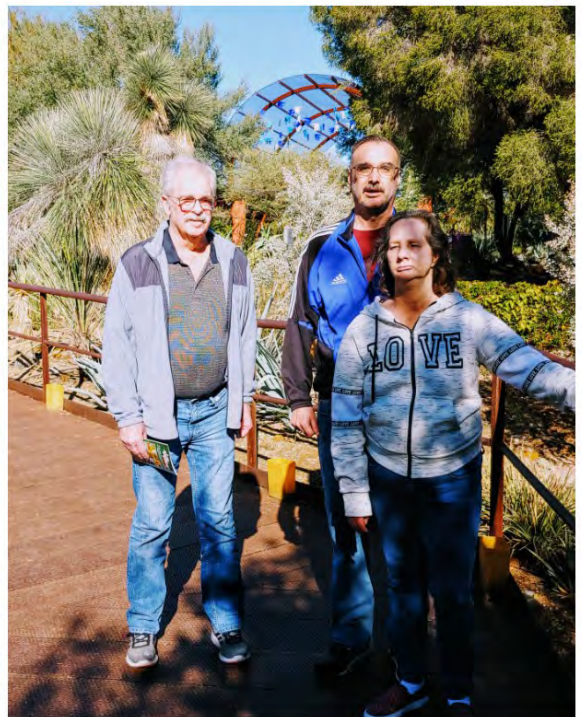


CASINO

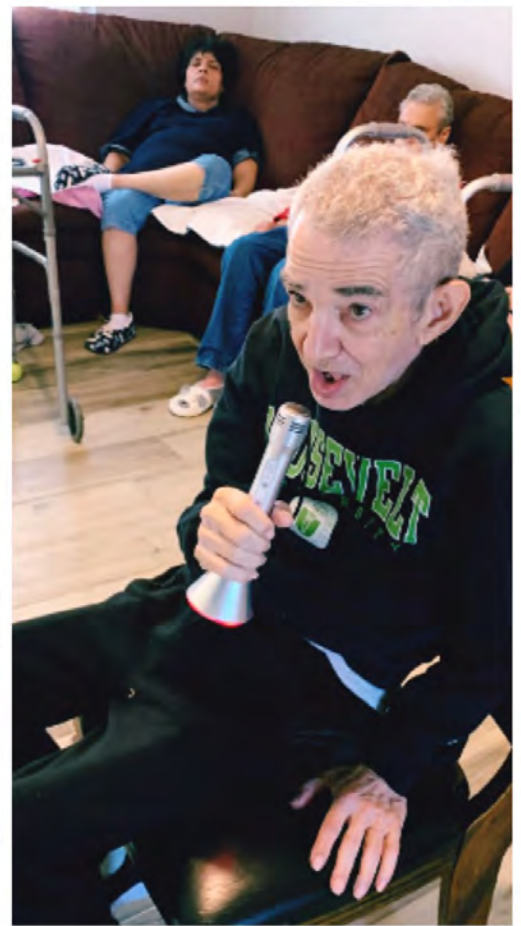


Desert Botanical Garden





Karaoke



December Activities



Out to eat at Floridino's



Enjoying cool Prescott Air



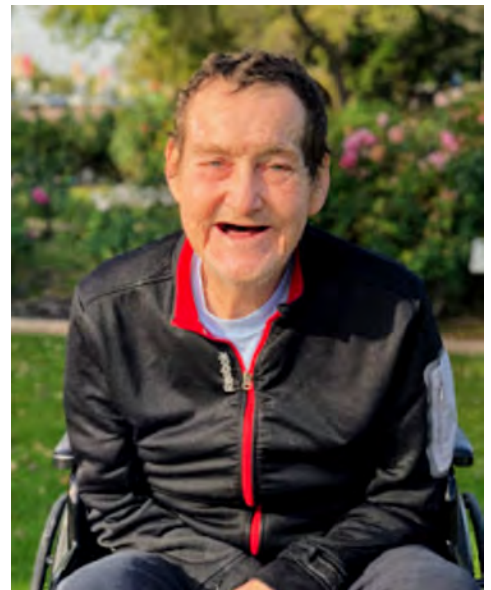
Happy New Year from Colt



MCC Rose Garden



Our wonderful employee at our Christmas Party



Enjoying the Rose garden

Groups

This month in groups we have been doing learning activities on women in history, Industrial Revolution, Houdini, Lolari Palace, and Marian Anderson. We did a reflection activity to review our accomplishment for 2019 and setting Goals for 2020. Some activities were outing and doing mindfulness at the Rose Garden. We also spent some time making ornaments and decorating our Christmas tree. Our residents have accomplished so much this last year and we enjoying watching their progress!

A YEAR IN THE LIFE OF

LOOKING BACK AT 2019	LOOKING AHEAD TO 2020
My favorite experience:	I want to continue to:
My biggest accomplishment:	
My favorite place to visit:	I want to try:
The best meal is:	I want to stop:
If I have a free day, I like to:	I'd like to visit these places:
My favorite book:	My goals for this year:
My favorite movie:	
One way I grew this year:	

