

Blue Sky Behavioral

February 2023
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February News

We hope you all enjoyed your February and Valentines Day—we certainly did over here at Blue Sky! We kicked off the month with our long anticipated trip to the zoo. Residents got to ride around on the ‘Safari Cruiser’ to see all the neat animals and ended the trip with lunch by the pond.

We got the chance to visit two museums this month. We started out by visiting the Arizona Capitol Museum where we got to learn about the unique history of Arizona. We also paid a trip to the Arizona Museum of Contemporary Art where we got to see some really unique pieces.

Blue Sky never misses out on a chance to attend a sporting event—residents cheered on ASU at the gymnastics event earlier this month. We attended a new community event this month called “Out to Lunch Concert Series”. We had a blast listening to a live band at the outdoor concert event—we are already looking at the calendar to go back next month.

We are going to have another busy month in March soaking in all this cool weather why we can. We are looking forward to attending a spring training game, some volunteer opportunities, a picnic in the park and some more concert events. Stay tuned!

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Happy Birthday



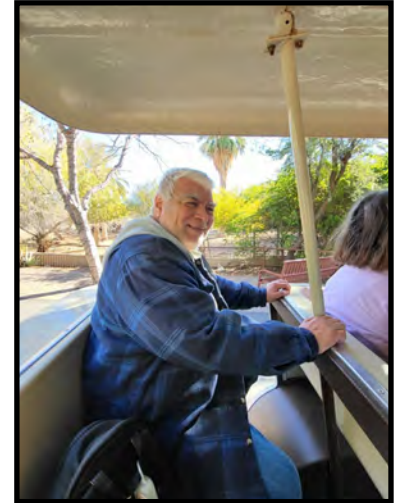
Happy Valentines Day!

Blue Sky residents know how to celebrate! Residents worked on many Valentines Day crafts this month including hair pins and woodwork. We also welcomed back Samantha this month, who hosts our monthly art class, where we created unique Valentines Day bowls. We also were surprised by Dobson Academy who stopped by to deliver some Valentines Day cards they created just for us!



phoenixzoo

ARIZONA CENTER *for* NATURE CONSERVATION



Arizona Capitol &
Scottsdale Contemporary Art

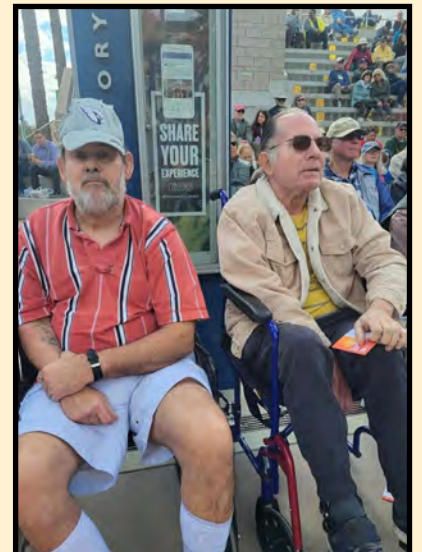
Museums



360 Thrift



MUSIC IN THE PARK



Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of some of our groups this month.

1. Super Bowl

We celebrated the Super Bowl in style with pizza and snacks. Residents made guesses on who would win the big game.

2. Brain Boards

These boards are a great way to use our critical thinking and problem solving skills.

3. Cardio Class

Stomp, Kick, Punch! Liz' cardio class is sure way to get your heart rate up.

4. Gardening

We are loving this cooler weather to get everything planted. We can't wait to watch our plants grow!

5. Recycling Plant

Residents save up their cans all year to take them to the recycling plant. Residents sort and weigh the cans and take home the cash!

