

Blue Sky News



Inside this issue

Thanksgiving1
Latest Training.....2
Nov Activities3

Highlights of December

- We have been Enjoying Fall and Thanksgiving
- We have been focusing on gratitude
- A few pictures of some activities are included.

Happy Thanksgiving

We had a great month celebrating good food, family and all the great blessings in our lives. Many residents got to be with family for Thanksgiving, and other families came and ate with us.

It's so fun to see the residents light up as they talk about the upcoming meal and family they get to see. After Thanksgiving they were talking about the great food and visit with family all week. We love to see our residents so happy, so thanks for all that made the holiday special!

Now we are getting ready for Christmas and it's lots of excitement for more good food, family, and good cheer. We have been enjoying the festivities, lights in the area and hope everyone has a very Merry Christmas!



Our Month of Gratitude

This month we have been taking the opportunity to think of all the things we are grateful for and the wonderful blessings in our lives.

I would like to share my gratitude for an amazing team, each one of our staff members does an excellent job and goes above and beyond for our residents each and everyday. Each staff member is so passionate about we do and works so hard providing the best service possible it makes my heart swell with pride as I get to watch their care and compassion for our residents.

We would like to express our gratitude to the supportive families, Doctors, and case managers, everything we do is a great team effort and couldn't be done without each one of you. It is truly an honor to work with such great people.

And of course we are grateful for the opportunity to serve the residents in our home, we get to watch them grow and thrive in our program and without them we would not be able to create such a rewarding program and environment.

It is not happy people who are thankful. It is thankful people who are happy.



Gratitude Group We focused on gratitude this month. We created a Gratitude Tree and each resident and staff added leaves of Gratitude. As they looked at it all month they could remember the things they have to be grateful for.

Often as we have had loss we can get caught up in what we don't have. We need to never let the things we want make us forget the things we have. Gratitude turns what we have into enough and as we see that we can find joy.

Activities

Picnic at the park



Decorating for Christmas

To the Movie Theater