

# Blue Sky Behavioral

August 2022  
Volume 7, Issue 8

## August News

We had a great August here at Blue Sky—we seemed to have an event every day! We started off the month with a day trip down to Tucson to visit the International Wildlife Museum. We had a rainy day for the trip, but it didn't put a damper on our fun at all!

We made a (very short!) visit to the casino where residents tested their luck at the slot machines. A few of us even went home with double the cash in our pockets.

We continued our Internal Passport project, virtually visiting Germany this month. We enjoyed sausages, pretzels and our version of beer—apple juice! We learned about the country and stamped our passports—next stop, Mexico!

We had the pleasure of touring the Orpheum Theater where we got to learn about the history of the building, test the unique sound effects and even go backstage. Additionally, we visited the Phoenix Police Museum where we learned about the fascinating history of the Police Department and even got to test out some uniforms and sit in a real cop car!

Lastly, we had the absolute privilege of volunteering for 'Feed My Starving Children' where we packed meals for children in need. Our meals will be delivered to countries like Ukraine who are in desperate need for meals during these times. It was such an honor to volunteer here again—I know we will be back soon.

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Happy

Birthday





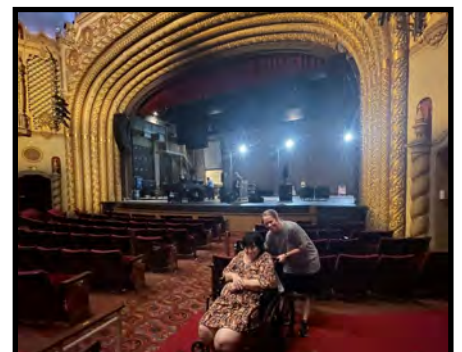
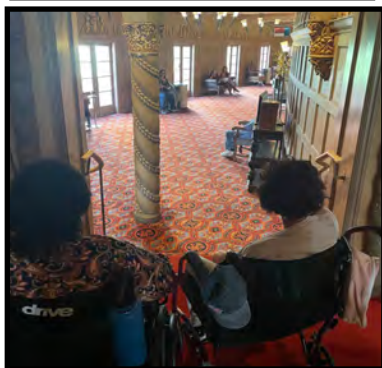
International

# Wildlife Museum





# Casino







# German Cultural Day





# Feed My Starving Children

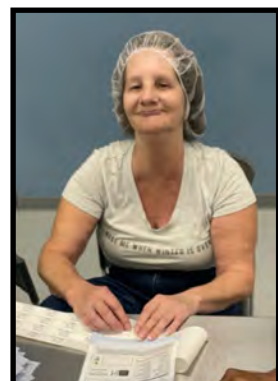
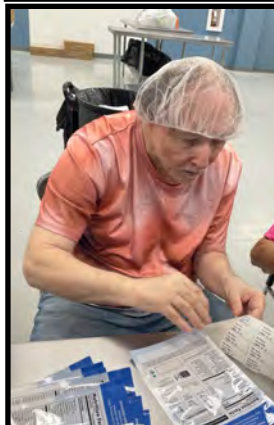
We had the honor of donating our time at Feed My Starving Children to package meals for children in need around the world.

This organization distributes nutritious, high calorie meals to school, orphanages, clinics and feeding programs in over 70 countries.

Half of our group prepared the food packages—tediously putting expiration date labels on packages to ensure they are safe when consumed.

A few others chose to actually prepare the meals by mixing, weighing and sealing the food within the packages.

It was certainly a worthwhile and humbling experience. Residents are already asking when we can return again!





# Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of our groups this month.

## 1. Musical Drawing

We played certain music and asked residents to draw whatever came to their mind (words, colors, pictures). At the end we all shared about our masterpieces.

## 2. DIY Burgers

Staff grilled up burgers and residents put on gloves and went to work—prepping the food and creating their own perfect burger—yum!

## 3. Butterfly Habitat

We love all the creature visitors in our garden so we decided to watch some grow ourselves. We created a butterfly habitat and are patiently awaiting the larvae to transform.

## 4. Reminiscing

We love to see our residents light up when telling us their unique stories—we enjoy looking at photo albums and just chatting with residents about their past.

## 5. Volleyball

It gets pretty competitive when we bring out the volleyball net—hopefully soon we can play outdoors.

