

Blue Sky News



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July News

From Fourth of July celebrations, to lots of cheering for the Phoenix Suns it has seemed like lots of parties here at Blue Sky. Enjoying fancy drinks at our backyard pool party as well has made it really feel like summer.

We have also had some fun birthdays celebrations and educational groups and lots of fun activities. Read the last page on groups to see some of our topics not pictured. Enjoy!

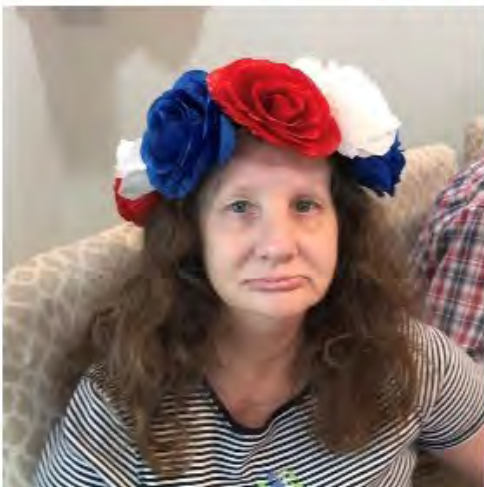


POOL Party



4th of July









HAPPY BIRTHDAY



GROUPS

Last month we focused on kindness and skills to build friendships. We reviewed a helpful guide to get perspective on different situations and solutions. We also reviewed other topics from the past such as personal hygiene, positive affirmations and importance of drinking water.

We had learning activities about Helen Keller, the Star "Mae Jemison," and Stagecoach Marie and the great things they accomplished in their lives. As we enjoyed a lot of rainfall last month, we learned about Monsoons and followed the rainfall we received each week. We have continued our "This Day in History," each week which always has some fun facts.

As usual we made sure we get our exercise and went for morning walks. Doing Zumba has become a big hit to do inside when it's hot outside. We had a water day and enjoyed fancy drinks at the pool. Just enjoying summer fun over here!

Friendship issue what i need to do		
Sometimes we need help to get perspective on a situation. Use these as guides to help you share what is happening and discuss the best solutions for your situation.		
How big it feels:		
1	<ul style="list-style-type: none"> - It feels annoying and childish 	<ul style="list-style-type: none"> - It's a misunderstanding - It can be fixed easily with a reminder or a break - I can figure out how to resolve this on my own - It doesn't affect our friendship in the long run
2	<ul style="list-style-type: none"> - It feels aggravating - It hurts - It's frustrating 	<ul style="list-style-type: none"> - It feels like we can't get past this - I need to step away from the situation - I may need some help to solve this - We need to talk and set things straight - We may need to take a break from each other while we figure things out
3	<ul style="list-style-type: none"> - It feels very confusing - It hurts a lot - I feel angry 	<ul style="list-style-type: none"> - It feels personal and deliberate - I need to step away from the situation and ask for help - I may need to re-evaluate this friendship - We need to talk and set things straight - We may need to take a break from each other while we figure things out
4	<ul style="list-style-type: none"> - It feels very confusing - It hurts a lot - I feel angry - I feel scared - I feel alone 	<ul style="list-style-type: none"> - It feels personal, deliberate and mean - I need to ask for help - I need to distance myself from this person/group - I need help to see how to move past this - I need to find a support group (friends/parents/teachers) to help me deal with this - I need to stand up for myself and make sure this doesn't happen again
5	<ul style="list-style-type: none"> - It feels very frightening - It hurts a lot - I feel angry - I feel scared - I feel alone - I don't feel safe 	<ul style="list-style-type: none"> - I need to ask for help right away - I need to bring this to someone's attention and keep talking about it until it gets resolved - I need to move away from this person/group right away - I need to find a support group (friends/parents/teachers) to help me deal with this - I need to find support to help me stand up for myself and make sure this never happens again

Name _____ Date _____

The Star, Mae Jemison

"It's part of the imagination. All of science, all of space exploration - everything we do in the world is about imagination and using your creativity to expand beyond your normal boundaries."
- Mae Jemison



Introduction

Have you ever used your imagination to make something happen? Like, fly down the stairs to the dinner table, or wave a magic wand to clean your room? Well, you're not alone in using your imagination. Doctor Mae Jemison imagined herself in space as a child, and she is now famous for making that dream come true.

As an astronaut for NASA, she became the first African American female to fly into space. While on the space shuttle Endeavour in 1992, she was a mission specialist who studied how living things react to being in space. She is also a doctor, researcher, teacher, and a businesswoman.

Early Life and Education

Mae was born in Decatur, Alabama on October 17, 1954, but grew up in Chicago, Illinois. Her mother was an elementary school teacher, and her father was a carpenter. She has two older siblings, a sister and a brother.

When Mae was younger, she liked to dance and she liked science. In her mind, her love for dance supported her love of science. With the encouragement of her uncle, it was in Chicago that her love for science grew. She learned more about science, specifically astronomy, by helping her brother and sister with their science projects and reading many books at the public library. She wanted to go to space, and never had any doubt that she would get there.

Mae won a scholarship to Stanford University in California. She was only 16 years old, but she thrived both in her studies in science and in the arts. She double majored in chemical engineering and Afro-

