

Blue Sky Behavioral

Blue Sky News

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March News

Everyone at Blue Sky is doing well and is healthy and we hope all our readers are as well. We have a few pictures of our outings from the beginning of March, but as most of you know we have been staying at home as much as possible and doing more outings and activities from home.

We have taken the time to educate residents on what is going on with Covid-19 and why it is important to stay home, but also focus on what we want to do when we are back to our normal routine. Residents have been earning extra rewards and we will be doing lots of reward outing when we are able again.



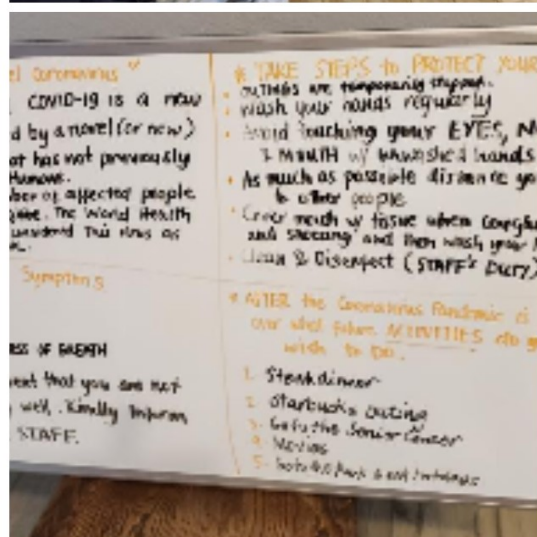
Chandler Mall



Animal Adoption Center



Corona Virus Info




We had an informational chat with the residents about COVID-19 to help everyone understand what it is and how we can stay safe. Since one of the biggest ways this affects our residents is that they are not going on outings as much right now we wanted them to give us ideas of what outings we will plan for when this is over. The number one thing they want to do when this is over is go for a steak dinner and I don't blame them! Next on the list is go to Starbuck's, we have been grabbing them to go when we find one open, but that is a favorite outing. They also want to go to the Senior Center, movies and to the park, so hopefully you will get to see these pictures soon.

Groups

This month in groups we have been doing learning activities on Henry Ford, Elvis, Butch Cassidy, Manifest destiny, Transcontinental Railroad and Cathay Williams. We have still been making garden plans and watching our garden grow now. We have found some great chair yoga and chair Zumba exercise videos online that have helped keep us active. With more time at home we have had some more time for games in the home such as a name that song game, word searches, crafts, and board games. We have also reviewed goals for future outings and coping skills.

The King of Rock 'n' Roll



Elvis Aaron Presley was the most popular and famous singer the world has ever known. He was born in Tupelo, Mississippi, on 8th January 1935, the only child of Gladys and Vernon Presley. When he was young, he enjoyed listening to the popular and country music of his time and he was also influenced by gospel music which he heard in his local church. For his 11th birthday he was given a really significant present: a guitar.

In 1948 the family moved to Memphis, Tennessee and the young Elvis attended Humes High School, which he graduated from in 1953. A year later, he signed his first recording contract. By 1956 he had become a worldwide singing sensation. He was very good-looking and his amazing dance moves made him very popular with girls. But he was also a very kind and humble man which made him a favourite with many millions of people. In 1956 he made it! *Heartbreak Hotel* became his first US No 1. He only had to wait another year until *All Shook Up* became his first UK No 1.

In 1958 he was drafted into the US army. But this didn't stop him from having hits. His manager, Colonel Tom Parker, had made him record lots of tracks which were then released while he was serving in the army in Germany. So, the hits just kept on coming. One evening Elvis went to a party and met the beautiful Priscilla Beaulieu. They got married on 1 May 1967.

Elvis was discharged from the army in March 1960 and started recording again. He had many more hits all over the world which made him the biggest-selling solo artist of the 20th century. He won hundreds of awards and sold over 1 billion records. He also became a film star, appearing in 33 films, including probably the most famous and popular, *King Creole*.

On 16 August 1977, the world heard the terrible news: ELVIS IS DEAD. He had died at his home in Graceland, Memphis. The US President, Jimmy Carter, issued a statement which said: 'Elvis has permanently changed the face of American popular culture.' Nobody is completely certain how Elvis died, but he had become very unhealthy and it was reported from the USA that he had had a heart attack. For many days, the newspapers were full of speculation and suggestions as to how and why he had died. Some people claim that he is still alive and actually faked his death so that he could go and live a quiet life!

He was buried at Graceland on 18 August 1977. Over 80,000 people stood by the road as his funeral procession went past.

Since his death, he has sold millions more records. *Way Down* became a UK No 1 the week after he died and he has had four more No 1s in the UK, making a total of 21 so far.

Elvis Presley still earns millions of dollars in record sales and memorabilia even 40 years after his death. His home at Graceland is now an official US national historic landmark and is visited by over half a million people every year.

